

# BVRMC COVID-19 Testing Protocol (3/19/2020)

**Any of the following symptoms:**

Fever >100.4 F, cough, shortness of breath, body aches, abdominal pain, diarrhea

**OR**

Any known contact with someone with documented COVID-19

Yes

No – no testing

Are they over the age of 65

**OR**

Do they have any of the following: Immunosuppression, current chemotherapy, asthma, COPD, diabetes, heart disease, autoimmune disease, current smoker or other serious condition?

Yes - **TEST**

No

Do they have serious symptoms (hypoxia, tachycardia, shortness of breath, hypotension)?

Yes - **TEST**

No

Until more tests are available, if young and healthy, advise no test and isolate at home for 7-14 days or 3 days after symptom resolution, unless strong provider directed reason to test.

Clinical judgement of nursing staff performing triage is paramount considering co-morbidities of patient, etc. When in doubt, discuss with provider. We will only test one person per household – all others will be presumed positive until more testing is available. Recommend asking patient to call back if any worsening symptoms or persistence beyond the next 2-3 days.