Spring 2018
WORKERS’ COMPENSATION PROGRAM

May 2, 2018
IHA Conference Center
Des Moines
PROGRAM OVERVIEW
To bring together workers’ compensation professionals and explore current issues in employee safety.

INTENDED AUDIENCE
This conference is intended for human resource professionals, compliance professionals, operations professionals, facilities managers, training and development professionals, quality professionals, nurses, CEOs, CFOs, COOs, CNOs, and any hospital employee involved in the administration of the workers’ compensation program and improving employee safety.

PROGRAM AGENDA

8:30 am  Registration and Breakfast

9:00 am  Drug Testing Policies and Iowa Workers’ Compensation Law Updates  
Lee Hook, Attorney, Peddicord Whaton, Des Moines
This session will focus on recent changes to employment law as well as long-standing and sometimes intractable issues.

Learning Objectives:
• Identify recent legal changes within the field specific to laws surrounding workers’ compensation.
• Identify surprises in various agency regulations.
• Discuss issues surrounding employee drug testing in a health care setting.

10:00 am  Break

10:10 am  Opioids in the Hospital
Don Teater, Owner, Teater Health Solutions, Clyde, North Carolina
Health care professionals have some of the highest rates of opioid abuse and opioid use disorder. This presentation will explain the relationship between pain, stress, opioids and addiction. Attendees will learn about the extent of the opioid issue in hospitals and steps that can be taken to prevent abuse and addiction.

Learning Objectives:
• Identify the national problem of pain and opioids.
• State how occupational exposure to opioids increases risk of abuse and addiction.
• Describe alternative pain treatments with better outcomes.
• Identify organizational policy changes that will reduce costs and improve outcomes.

11:00 am  Stretch Break

11:15 am  Health Care Coalitions and Time Critical Conditions
Ken Sharp, Division Director for Acute Disease Prevention, Emergency Response and Environmental Health, Iowa Department of Public Health, Des Moines
Since 2014, the Iowa Department of Public Health (IDPH) has been working on addressing system challenges
for emergency medical services (EMS), trauma and public health/hospital preparedness. Assessments of the
EMS and trauma systems were conducted in 2015 and the subsequent reports provided recommendations
to Iowa on strategies to improve those systems. This session will review all of the recommendation for Iowa
hospitals.

Learning Objectives:
• Identify recommendations from the EMS and trauma system evaluation reports.
• Describe the justification for the geographical structure of the health care coalitions.
• Recognize the similarities between EMS, trauma and public health system needs.
• Identify the 12 health care coalitions and how to engage with their work.

12:00 pm    Lunch and Awards

12:45 pm    United Heartland Workers’ Compensation 101
Amy Schmidt, Loss Control Service Manager, United Heartland, Glen Carbon, IL

The cost of injuries are within an organization's control and cost-saving measures can be taken to reduce
workers’ compensation premiums. This presentation will demystify workers’ compensation premiums, help
attendees understand how modified duty and zero dollar claims impact their experience and teach
participants how to control their experience. Learn tips to become a favorable risk to attract insurance
carriers and reduce the cost of risk from an insider.

Learning Objectives:
• Understand how workers’ compensation premiums are calculated.
• Identify hidden costs of injuries.
• Recognize the impact of modified duty and zero dollar claims on the premium.
• Control costs within a health care organization.

1:15 pm    Break

1:30 pm    Supervisor Safety Management
Chuck Martinek, Vice President, Loss Prevention Services, LMC Insurance & Risk Management, West Des Moines

Hospitals with successful safety programs have one common characteristic, front line supervisors who
understand their roles and responsibilities in managing and promoting the safety activities of their
employees. In order to be a successful supervisor, they must have a working knowledge on how to motivate
their employees, identify hazards, and understand employee behavior. This dynamic training program
focuses on educating front line supervisors to be successful in accomplishing this goal.

Learning Objectives:
• Define the five roles and responsibilities all management level staff should know and understand.
• Identify the true root cause of why employees have injuries in the health care setting.
• Describe the techniques that will motivate employees to work safe.

2:30 pm    Adjourn

SPEAKER BIOGRAPHIES

Lee Hook is an attorney at Peddicord Whaton in Des Moines. He always had an interest in being part of a system that
provided a structure for a fair fight that would lead to a peaceful resolution of issues between parties. Being an advocate
for others just seemed like the perfect fit. Hook’s practice is focused on workers’ compensation law.

Chuck Martinek received a bachelor’s degree in occupational safety and health from the University of Dubuque and also
holds a Certified Safety Professional designation. His extensive consulting experience includes service to clients in the
construction, manufacturing, transportation and health care industries. He specializes in developing and implementing
programs that promote a positive safety culture. His unique ability to educate managers and employees on loss
prevention techniques is highly valued by LMC clients.
Amy Schmidt joined United Heartland as a loss control consultant in 2006. She was later promoted to loss control manager for the Kansas City region, overseeing loss control operations in Iowa, Kansas, Missouri and Nebraska. Schmidt leads her team in assessing prospective risks for insurability. Under her leadership, her team consults with insureds to reduce injuries in their workplace and assists insureds with injury management programs that mitigate claims cost and return employees back to work.

Ken Sharp is currently the division director for acute disease prevention, emergency response and environmental health with the Iowa Department of Public Health (IDPH). Sharp has a master’s degree from Drake University. He is proud of a history of successful program implementation at IDPH that includes environmental health capacity building, environmental health services network, public health tracking and currently advancing system development efforts for time critical conditions.

Dr. Don Teater is a family physician who has lived and worked in western North Carolina for the past 30 years. Since 2004, he has focused more on the intersection of pain, opioids and addiction. He was lead facilitator for the expert panel during the development of the Centers for Disease Control and Prevention (CDC) guidelines for prescribing opioids for chronic pain. He continues to work as a consultant with the CDC on educating prescribers on the appropriate treatment of pain. From 2013-2016, Dr. Teater was the medical advisor at the National Safety Council leading their effort to reduce opioid abuse and overdose. He continues to work with many national and state governments and nonprofits in addressing many aspects of the opioid epidemic. While working on the public health aspects of the opioid epidemic, he continues to see patients one day a week treating opioid use disorder and chronic pain in Waynesville, NC.

PROGRAM SPONSORS

REGISTRATION
Register online at www.ihaonline.org.

REGISTRATION FEES
LMC/ServiShare Workers’ Compensation Customers – $0.00
(Contact Jake Kercheval for code to register at kerchevalj@ihaonline.org)

IHA Hospital Members – $200
Non-IHA Members and IHA Associate Members are not able to attend this event.

PROGRAM LOCATION
IHA Conference Center
100 East Grand Ave
Des Moines, Iowa 50309

PROGRAM NOTES
Dress for the conference is business casual. Layered clothing is recommended for your comfort.
LODGING
IHA has an official discounted Corporate Rate at the listed hotels that attendees can use for overnight accommodations if needed. The discounted rate is being offered to IHA event attendees on a “non-last room” availability, meaning that there are times when this rate will not be available to book due to high demand in the area so it is important to book early if you think you may need arrangements. When calling, please reference the corporate ID.

Staybridge Suites Des Moines Downtown
Corporate Rate: $129 per night + taxes
Telephone: 1-877-238-8889
Corporate ID #:786828419

Embassy Suites Des Moines Downtown*
Corporate Rate: $139 per night + taxes
Telephone: 515-244-1700
Corporate ID #:560001333

CONTINUING EDUCATION
This activity, ID No. 351043, has been approved for 4.50 HR (General) recertification credit hours toward aPHR™, PHR®, PHRca®, SPHR®, GPHR®, PHRi™ and SPHRi™ recertification through HR Certification Institute® (HRCI®). Please make note of the activity ID number on your recertification application form. For more information about certification or recertification, please visit the HR Certification Institute website at www.hrci.org.”

4.25 Nursing Contact Hours will be awarded for this conference by IHA Iowa Board of Nursing provider #4. Iowa Nursing Contact Hours will not be issued unless your Iowa license number is provided on the certificate completed the day of the conference.

BLUE ZONES INITIATIVE TO EAT WISELY
The Iowa Hospital Association has made a commitment to support your health by designing all meals and snacks to follow the Blue Zones philosophy. Blue Zones guidelines are designed to nourish your body, leaving you feeling satisfied, alert and awake. IHA practices mindful eating by encouraging you to slow down and enjoy the flavors in your food.

DIETARY RESTRICTIONS
If you have any dietary restrictions or allergies, please contact Ellen Waller at iharegistration@ihaonline.org.

REGISTRATION/CANCELLATION/REFUND POLICY
• If registering by mail attach a copy of the registration form when payment is sent.
• No-shows will be billed.
• Cancellations and substitutions welcome anytime. All cancellations and substitution requests must be sent to Ellen Waller at iharegistration@ihaonline.org.
• A full refund will be given to all cancellations received 10 or more business days prior to the conference.
• A $50 administrative fee will be charged to all cancellations received six to nine business days prior to the conference.
• No refunds will be given to cancellations received five or fewer business days prior to the conference.
• Refunds will be calculated by the date received and the IHA business days remaining prior to the conference.
• IHA reserves the right to cancel the conference due to insufficient enrollment, in which case pre-registered participants will be notified and full refunds provided.

ADA POLICY
IHA does not discriminate in its educational programs on the basis of race, religion, color, sex or handicap. IHA wishes to ensure no individual with a disability is excluded, denied services or segregated or otherwise treated differently than other individuals because of the absence of auxiliary aids and services. If you need any of the auxiliary aids or services identified in the Americans with Disabilities Act in order to attend this conference, please call 515-288-1955 or write to the Department of Education at IHA.
### ATTENDEE INFORMATION

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Email Address (required)

□ I have dietary restrictions or allergies. Please specify: ____________________________

### ORGANIZATION INFORMATION

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### REGISTRATION FEES

- □ LMC/ServiShare Workers' Compensation Customers $0.00  
  (Contact Jake Kercheval for code to register at kerchevalj@ihaonline.org)
- □ IHA Hospital Members – $200

### PAYMENT INFORMATION

- □ Option 1: Bill my institution.
- □ Option 2: Enclosed is my check payable to IHA in the amount of $ ___________
- □ Option 3: Charge my credit card. I authorize IHA to charge my credit card:
  - □ American Express □ Discover □ MasterCard □ Visa

Cardholder’s Name ____________________________________________

Card # _____________________________________________________

Exp. Date ___________ Security Code ______________

Signature ____________________________