PROGRAM OVERVIEW

This day long education program, sponsored by the Iowa Department of Inspections and Appeals through hospital licensing fees, will cover ways to decrease the risk of infection by implementing and maintaining prevention programs in organizations. By attending the conference, participants will learn about the resources available to develop an effective and efficient infection prevention program.

INTENDED AUDIENCE

• CEOs
• CFOs
• Clinicians
• CMOs
• Infection preventionists
• COOs
• CNOs
• Nursing leadership
• Pharmacists
• Quality professionals

PROGRAM AGENDA

7:30 am  Registration begins

8 am  Infection Prevention for the State of Iowa

Nancy Wilde, Antibiotic Resistance/Health Care-Associated Infection Prevention Program Manager, Iowa Department of Public Health (IDPH), Des Moines

Hospitals have maintained infection prevention programs for many years and continue to enhance care delivery through evidence-based practices. To help reduce the risk of infection to Iowa residents, IDPH worked with health care professionals across all levels to develop a statewide plan to prevent infections.

Learning objectives:
• List examples of reporting infections to IDPH.
• Identify ways IDPH can help facilities implement or maintain infection prevention programs.
• Describe prevention strategies in the Iowa health care-associated infection plan.

9 am  Break

9:10 am  HIINnovative Approaches to Reducing Hospital-Acquired Infections: Lessons From the HIIN Network

Michaelle Bahnsen, BSN, RN, CPC, CPHQ, Clinical Quality Consultant, Iowa Healthcare Collaborative, Des Moines

Comprised of 147 hospitals across Iowa and South Dakota, the Compass Hospital Improvement and Innovation Network (HIIN) has been dedicated to reducing health care-acquired infections for nearly a decade. Attendees will have an opportunity to see historical and current HIIN performance on hospital-acquired infection (HAI) metrics and learn what initiatives and resources are available to help propel success. This session will present common gaps in performance and share lessons learned for HIIN that will help hospitals enforce best practices and develop new solutions and insights to improve performance.

Learning objectives:
• Describe state hospital performance related to HIIN HAI metrics.
• Examine HAI-related performance-improvement initiatives and resources.
• Illustrate common gaps in HAI performance and identify lessons learned from network hospitals.
**10:10 am**  
**Break**

**10:20 am**  
**Surviving Sepsis**  
*Pam Kenyon, sepsis survivor, Waukee*

Sepsis is a life-threatening condition that arises when the body’s response to infection causes injury to tissues and organs. Pam Kenyon knows this all too well having survived a sepsis diagnosis and stage 2 breast cancer. She will talk about her diagnosis, treatment, survival, caretakers and how her medical family cared for her.

Learning objectives:
- Describe the symptoms experienced by the patient before being diagnosed with sepsis.
- Explain how patients can advocate for themselves.
- List what health care providers should do when caring for patients diagnosed with sepsis.
- Describe the future for sepsis survivors.

**11:05 am**  
**Sepsis: It’s About TIME**  
*Sara McMannus, MBA, BSN, RN, Clinical Adviser, Sepsis Alliance, San Diego*

Immediate treatment of sepsis is essential to reducing mortality and morbidity of a disease that kills more people than breast, lung and prostate cancer combined. As many as 87% of sepsis cases originate in the community. This session will provide an overview of sepsis recognition and treatment, and will summarize available resources to help educate providers and the public about sepsis.

Learning objectives:
- Define sepsis, its signs and the national incidence.
- Explain the importance of speed in sepsis diagnosis and treatment.
- Describe discharge and post-discharge medical care considerations.
- Summarize resources available from Sepsis Alliance.

**12:05 pm**  
**Lunch**

**12:55 pm**  
**Infection Prevention and Control, and Antibiotic Stewardship Program Regulations**  
*Nancy Ruzicka, RPh, MBA, MJ, CHC, Consultant, Ruzicka Healthcare Consulting, LLC, Altoona*

This session will update participants on the new CMS condition of participation for infection prevention and control, and antibiotic stewardship, effective March 30 for all hospitals. This session also will discuss interpretative guidelines and commonly cited deficiencies across the state and nation.

Learning objectives:
- Describe the new CMS requirements for an infection prevention and control program.
- Describe the new CMS requirements for an antibiotic stewardship program.
- Identify examples of commonly cited infection control standards.

**2:55 pm**  
**Break**

**3:10 pm**  
**Infectious Control of Quality and Process Improvement**  
*Sarah Pavelka, PhD, MHA, OTR/L, CPHQ, FNAHQ, Owner, Pavelka’s Point Consulting, Cedar Falls*

In some organizations, the ideas of controlling and preventing are always for someone else to worry about. But if care is going to change, everyone needs to have passion for prevention, quality and improvement. During this session, participants will gain leverage for infection control and prevention work through quality and process improvement. Participants will gain hands-on tools to use the next day to spread quality and improvement organizationwide.

Learning objectives:
- Describe key elements to quality and improvement in health care organizations.
- Illustrate the main concepts of quality and common methods for improvement.
- Apply the tools of quality and process improvement to organizational projects.
- Analyze the return on investment and strategic alignment for infection control.
4:10 pm  Closing comments

4:15 pm  Adjourn

SPEAKERS

Michaelle Bahnsen is a clinical quality consultant for Compass Hospital Improvement Innovation Network. Before joining Iowa Healthcare Collaborative, she worked for payers that involved clinical research, clinical and technical writing, identification of markers of quality for developing centers of excellence, provider payment strategies, new-to-market clinical programs and employer benefit design. Bahnsen's clinical experience includes long-term care, inpatient mental health, medical-surgical and home health care. She received her bachelor’s degree in nursing from Chamberlain College of Nursing and holds a certified professional coder designation from the American Academy of Professional Coders.

Pam Kenyon is a sepsis survivor and an advisory board member and clinical adviser for Sepsis Alliance. Many people came forward to care for her for many months including her husband and best friend, and a countless number of providers and nurses. Before being classified as a sepsis survivor, Kenyon worked at Meredith Corporation in Des Moines for nearly 40 years. She enjoyed four distinct careers in magazine publishing, real estate marketing, brand licensing and client relationship development.

Sara McMannus is a sepsis ambassador and a regional network chair for the Patient Safety Movement Foundation and an advisory board member and clinical adviser for Sepsis Alliance. For 20 years, McMannus was clinical program manager for GE Healthcare. She worked in clinical education to develop programs and new educational tools to help promote clinical excellence across multiple health care professional roles globally until retiring in 2017. As a long-time member of the American Association of Critical-Care Nurses, a member of the Greater Long Beach Orange County chapter and a member of Sigma Theta Tau, McMannus supports nursing education and scholarship. She also serves on the MCN Foundation board, which helps empower communities to take control of their health.

Sarah Pavelka is an improvement adviser for the Iowa Healthcare Collaborative and serves as a faculty member for the graduate program in health care administration at Des Moines University. She has more than 20 years of experience teaching and coaching in organizational performance and continuous improvement in business, industry, education and health care. She is also the director-at-large on the board of directors for the National Association for Healthcare Quality. She holds degrees in biology and psychology from Luther College, an occupational therapy degree from Concordia University Wisconsin and a master’s degree in health administration from Des Moines University. She is a doctorate candidate at Walden University.

Nancy Ruzicka is a consultant on state and federal rules, regulations and interpretative guidelines. She previously worked as director of integrity and compliance and privacy official at MercyOne Des Moines and director of regulatory compliance at UnityPoint Health-Des Moines. She has more than 20 years of experience with the Iowa Department of Inspections and Appeals. Ruzicka holds master’s degrees in health law and business administration and a bachelor’s degree in pharmacy from Drake University. She is certified in health care compliance and maintains her Iowa pharmacy license.

Nancy Wilde is the antibiotic resistance/health care-associated infection prevention program manager for the Iowa Department of Public Health. She also worked in infection prevention for 10 years at MercyOne Des Moines. Throughout her career, Wilde has worked with organizations across the continuum of care on the implementation of evidence-based practices related to infection prevention. Besides her infection prevention background, Wilde served as the patient advocate at MercyOne. Wilde completed her bachelor’s degree in health care administration at the Mercy College of Health Sciences.

REGISTRATION

Register online at www.ihaonline.org.

This program is a free educational offering for hospitals through the Department of Inspection and Appeals grant through the hospital license renewal fee.
PROGRAM LOCATION

Thursday, April 2
(live webcast available)

CONTINUING EDUCATION

6.75 nursing contact hours will be awarded for attendees participating in person for this conference by IHA, Iowa Board of Nursing Provider No. 4. Iowa nursing contact hours will not be issued unless your Iowa license number is provided on the certificate completed the day of the conference. NOTE: To receive nursing contact hours or a certificate of attendance, you must attend the entire educational program portion of the day. No partial credit will be granted.

For nursing contact hours to be offered, your organization will need to assign an on-site proctor to oversee the process required by the Iowa Board of Nursing and Iowa Hospital Association. Organizations must be registered before a proctor can be assigned. After registering, please email Tori Hanson at hansom@ihaonline.org to receive the proctor agreement and instructions. To be eligible to offer nursing contact hours, you must make proctor arrangements two weeks before viewing the recording or the live webcast.

HANDOUT INFORMATION

This is a paperless conference. You will be notified by email when the handouts are available online. The email will include a link to access the files.

BLUE ZONES INITIATIVE TO EAT WISELY

IHA has made a commitment to support your health by designing meals and snacks to follow the Blue Zones philosophy. Blue Zones guidelines are designed to nourish your body, leaving you feeling satisfied, alert and awake. IHA practices mindful eating by encouraging you to slow down and enjoy the flavors in your food.

DIETARY RESTRICTIONS

If you have any dietary restrictions or allergies, please email Ellen Waller at iharegistration@ihaonline.org.

REGISTRATION/CANCELLATION/REFUND POLICY

- Cancellations and substitutions are welcome anytime. Cancellations and substitution requests must be sent to iharegistration@ihaonline.org.
- IHA reserves the right to cancel the conference because of insufficient enrollment. So, preregistered participants will be notified and full refunds provided.

ADA POLICY

IHA does not discriminate in its educational programs on the basis of race, religion, color, sex or disability. IHA wishes to ensure no one with a disability is excluded, denied services, segregated or otherwise treated differently than others because of the absence of auxiliary aids and services. If you need any of the auxiliary aids or services identified in the Americans With Disabilities Act to attend this conference, please call 515-288-1955, or write to the Department of Education at IHA.